Here are some resources to provide information and assistance at this time.

By Save First Financial Wellness

1. **IF YOU THINK YOU HAVE IT**
   - Washington State Department of Health: 800-525-0127
   - CDC - What to do if you're sick
   - Main Symptoms: fever, sore throat, cough and shortness of breath.
     - Remain home and call your primary care provider. Calling ahead helps to determine the most appropriate care.
     - Refrain from visiting hospital emergency departments, urgent care or outpatient clinics to avoid spreading the virus.

2. **WHERE TO FIND INFORMATION**
   - Clark County Info
   - Washington State Departments FAQs
   - WHO FAQs
   - Oregon Health Authority Fact Sheet
   - Harvard Coronavirus Resource Center

3. **FOOD AID**
   - General
     - Clark County Food Bank
   - For Kids:
     - School Lunch Pick Up Information

4. **HOME INTERNET**
   - For those who do not have internet or cannot afford to maintain it:
     - Comcast Internet Essentials
     - Access from AT&T

5. **RENT AND UTILITY ASSISTANCE**
   - Eviction Moratorium/Freeze
   - Tenant’s Rights Hotline: 206-723-0500
   - The following providers have suspended disconnection due to non-payment:
     - City of Vancouver Utility: 360-487-7999
     - Clark Public Utilities - 360-992-3000
     - Pacific Power - 888-221-7070
     - NW Natural - 800-422-4012

6. **JOB LOSS / UNEMPLOYMENT**
   - Washington State Employment Security Department

7. **FINANCIAL RESOURCES**
   - Washington State Department of Financial Institutions: 877-746-4334
   - Consumer Financial Protection Bureau
     - Prioritizing Bills