

# COVID19 RESOURCES VANCOUVER

Here are some resources to provide information and assistance at this time.

By Save First Financial Wellness



## 1 IF YOU THINK YOU HAVE IT

[Washington State Department of Health: 800-525-0127](#)

[CDC - What to do if you're sick](#)

Main Symptoms: fever, sore throat, cough and shortness of breath.

- Remain home and call your primary care provider. Calling ahead helps to determine the most appropriate care.
- Refrain from visiting hospital emergency departments, urgent care or outpatient clinics to avoid spreading the virus.

## 2 WHERE TO FIND INFORMATION

- [Clark County Info](#)
- [Washington State Departments FAQs](#)
- [WHO FAQs](#)
- [Oregon Health Authority Fact Sheet](#)
- [Harvard Coronavirus Resource Center](#)

## 3 FOOD AID

General

- [Clark County Food Bank](#)

For Kids:

- [School Lunch Pick Up Information](#)

## 4 HOME INTERNET

For those who do not have internet or cannot afford to maintain it:

- [Comcast Internet Essentials](#)
- Access from AT&T

## 5 RENT AND UTILITY ASSISTANCE

- [Eviction Moratorium/Freeze](#)
- [Tenant's Rights Hotline: 206-723-0500](#)

The following providers have suspended disconnection due to non-payment

- [City of Vancouver Utility: 360-487-7999](#)
- [Clark Public Utilities - 360-992-3000](#)
- [Pacific Power - 888-221-7070](#)
- [NW Natural - 800-422-4012](#)

## 6 JOB LOSS / UNEMPLOYMENT

[Washington State Employment Security Department](#)

## 7 FINANCIAL RESOURCES

- [Washington State Department of Financial Institutions: 877-746-4334](#)
- [Consumer Financial Protection Bureau](#)
  - [Prioritizing Bills](#)